

FOR IMMEDIATE RELEASE:

One on One raises over \$49,000 in 2019 for Centre Volunteers in Medicine, the Youth Service Bureau and hurricane Dorian relief!

1/30/20

State College, Pa.

One on One, 424 W. Aaron Drive, State College, Pa., is pleased to announce it raised \$49,285 through its "Give Back" initiative in 2019, and over \$400,000 since its inception.

"Give Back" provides One on One's clients the opportunity to pay for certain services by making a donation to one of its chosen charities, either the Youth Service Bureau or Centre Volunteers in Medicine.

"We are honored to be a beneficiary of One on One's Give Back program", says Cheryl White, Executive Director of Centre Volunteers in Medicine. "This unique form of giving helps us provide much needed healthcare to low income, underserved individuals who live or work in Centre County. We encourage all local businesses to follow One on One's lead and help the charity of their choice."

"At YSB, we are committed to helping all of our community's children reach their full potential" says Christine Bishop, Youth Service Bureau CEO. "The support we receive from One on One's "Give Back" initiative allows us to provide opportunities for kids that would not otherwise be possible. We are so grateful to everyone at One on One for their leadership in local charitable giving."

In addition to YSB and CVIM, \$14,000 was raised in 2019 to support humanitarian and rebuilding efforts on Elbow Cay, Abaco, Bahamas through the sponsoring of the "Hopetown Hustle", a 5K where One on One matched the first \$5000 raised.

Since 2009, "Give Back" has raised \$413,855. Services include One on One's Lecture Series, The Prize Club, Trainer Bonus program and its "Summer of Fun" activities.

"I would like to thank all those who have participated in our "Give Back" initiative," says Bruce Burke, Founder of One on One. "We started the program to leverage our charitable giving; to spend one dollar to raise two, but it has become so much more. We have enjoyed more inspiration from our staff, clients and community than we ever could have imagined."

Since 1986, One on One has provided the finest fitness, nutrition and wellness services available. Contact us at [814 234 1625](tel:8142341625) or www.oneononefit.com.